

# **CARIBBEAN NURSING SUMMIT ON SEXUAL AND REPRODUCTIVE HEALTH**

## **II. Personal information:**

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## **Institution, position, job title:**

- Belize family Life Association (BFLA), Supervises the quality of clinical services at all centers, Director of Clinical Services

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## **Responses to questions:**

- **How does participation in this workshop relate to your current work?**
  - ❖ The Belize Family Life Association (BFLA) provides a range of services in areas of family planning and reproductive health. From its eight centers throughout the country of Belize, BFLA provides a range of reproductive health services including pregnancy tests, sexual transmitted infections diagnosis and treatment, provision of emergency contraceptive, Pap smear diagnosis and treatment of the early stages of dysplasia, and counseling in sexual and reproductive health. Currently, the Association has embarked to expand the coverage of reproductive and

sexual health services, with an emphasis on comprehensive management of unwanted pregnancy.

- **What previous experience have you had in workshops, trainings, conferences, etc. related to sexual and reproductive health and rights?**
  - ❖ I have participated in numerous sessions related to clinical management of sexual and reproductive conditions, however minimal training as it relates to sexual and reproductive health and the rights to S&RH services and products.
  
- **What are some of the more pressing needs and challenges in sexual and reproductive health and rights in your professional experience?**
  - ❖ Access and affordable sexual and reproductive health services.
  - ❖ Response time of diagnosis and treatment for persons who can access the National Health Insurance (NHI) requires improvement. Of concern also is that most of the persons with access to the NHI services are the indigents and are financial challenged to make copayments.
  - ❖ Increasing incidences of rape, incest, HIV/AIDS and teenage pregnancy in the Belize.
  - ❖ Lack of knowledge as it relates sexual and reproductive health rights.
  - ❖ Lack of recognition of the **BEST PRACTICE IN THE PROVISION OF SEXUAL HEALTH PROMOTION SERVICES** offered by BFLA.
  
- **Why do you think you should be selected as a participant?**
  - ❖ I have worked for years in the curative and costly side of health and understand the pains and hopeless of those who cannot afford to access secondary and tertiary care. In addition I have chosen a path for preventative measures and empowerment of individuals and families.

## **OUTLINE FOR PROPOSAL**

### **1) Title and Brief Description:**

“Sexual and Reproductive Health is Fundamental to Human Development:  
Go Outreach”

Sexual and reproductive health is critical to human development and achievement of the Millennium Development Goals in Belize. Yet many Belizean rights to sexual and reproductive health are being challenged. Socioeconomic indicators impacts adversely on women, men and young people access to sexual and reproductive health and to information and services they required to assist them in choosing their family size and family quality of life. These outreach activities seek to create an awareness of the Best Practice comprehensive S&RH products and services provided by Belize Family Life Association.

### **2) Main objectives:**

- To provide information on S&RH and services offered by the BFLA to professional and non professional individuals using a rights-based approach.
- To enhance the quality of delivery of S&RH services to Belizean girls, women and adolescents.
- To increase access to pap-smear services among women who cannot afford to pay for the services.
- To increase the number of pap-smear done among women who should be accessing the service.

- To strengthened the partnership with traditional groups and develop new relationships with nontraditional groups in order to strengthen the response to cervical and breast cancers prevention.

### **3) Activities:**

- Identify vulnerable groups and conduct educational sessions on Sexual and Reproductive Health and provide information about the S&RH services offered by BFLA.
- Conduct house-to-house visits in the North-Side of Belize City and outreach in the Belize District rural communities to create an awareness of the S&RH health issues/ conditions affecting girls, women and adolescents in Belize.
- Promote products and services offered by the Belize Family Life Association at conferences, gym, schools settings and amongst friends and individuals.
- Support BFLA in the solicitation of businesses, organizations and non-traditional partners to sponsor payments for the Sexual and Reproductive Health Packages.
- Support BFLA in identifying vulnerable girls and women to offer sponsored Reproductive Health Packages.
- Promote S&RH services and encourage individuals to access services to maintain sexual and reproductive wellness.
- Developed infection control policies, procedures and guidelines to ensure safe quality client care delivery by skilled healthcare providers.
- Conduct workshops to sensitized staff with the new infection control policies, procedures and guidelines in order to provide quality standard of care.
- Utilizing quality control checklist; monitor and evaluate client care, client care environment and client care personnel performance at the eight (8) BFLA's clinics.

### **4) Chronogram:**

- This project will juxtaposed with existing work planned of actions and commenced January 2009 through to December 2009.
- Commencing June, 2009 house to house visits will be executed. These visits will involve the participation of the youths, center manager, teen nurse and the director of clinical services
- Educational sessions will commence May, 2009 and same will be coordinated with traditional and non-traditional partners. These sessions will be collaborated with relevant staff.
- Sensitization workshops planning commenced in April, 2009 and dates to be determined.
- Staff marketing of BFLA's products and services ongoing.
- Proposals was developed by BFLA's Executive Director and submitted to businesses and organizations for the solicitation of funding to purchase S&RH packages for vulnerable girls, women and adolescents.
- Visits all centers and monitor, evaluate and report on the implementation and adherence to infection control policies, procedures and guidelines.
- Review Headquarters monthly reports to ascertain if there is an increase in client access of the clinic.
- Commencing June, 2009, conduct weekly meetings with center manager and teen nurse.
- Submit reports to IPPF and BFLA's Executive Director on August 15<sup>th</sup> 2009 and November 2009.

#### **5) Monitoring and Evaluation:**

- Review reports on the number of homes visited and the number of contacts at the visits.
- Request update on daily clinic attendance, services provided and concerns.
- Weekly review of services
- Register of attendance to the educational sessions.

- Constructive and critical evaluation of services, work practices and collectively make plans for improvements.
- Evaluation of educational session's delivery and practice improvements.
- Evaluation of the practical implementation of policies, procedures and guidelines
- Determine additional supplies and equipment required to full implement and maintains quality of care practices.

**6) Resources currently available:**

- Educational materials
- Facility
- Staff
- Supplies

**Additional resources required:**

- Additional educational materials
- Flip charts
- Female reproductive modules
- Condoms - male and female
- First dose oral contraceptive free
- Sponsors to pay for the 100 Sexual and Reproductive Health Packages at a cost of \$25.00 BZ each. This package includes Pap-Smear, Breast Examination, and Pelvic Examination, Blood Pressure check, Weight check and HIV test.
- Infection control cleaning supplies and equipment