

**FPATT Project Proposal
Caribbean Nursing Summit
On Sexual and Reproductive Health**



Submitted by Anna L . Maynard – Training Coordinator

Title

Training in Family Planning Methods and Emergency Contraception (EC) Counseling for Trinidad & Tobago Ministry of Health (MOH) District Health Nurses.

Project Overview

The Family Planning Association of Trinidad & Tobago (FPATT) has provided sexual and reproductive health services to the population for the past fifty-one (51) years. We are the leading agency for training in sexual and reproductive health for registered nurses, midwives and district health visitors. The Association is the primary source for information on sexual and reproductive health and rights. FPATT's training has been aimed not only at the Association's clinic staff but also at the request of governmental and private institutions. FPATT's high quality of care and focus on client's rights and needs make us a well sought agency for training of persons in the medical service industry.

In Trinidad & Tobago, EC is not promoted by health care professionals in the general public health care facilities and family planning methods are provided by a limited number of nurses in the Government's Population Programme. Although, Trinidad and Tobago has a national protocol that pertains to provision of EC information this is something that is not actively carried out. At the community level, providing training for district health nurses in family planning and EC counseling increases their knowledge base, alleviates misconceptions and allows for increased promotion of these services. FPATT proposes to train two district health nurses from each Regional Health Authority (RHA) within the MOH. These selected persons will be trained in family planning, EC and safe abortion counseling. This "Train the Trainers" approach will allow a selected number of district health nurses to be equipped with the necessary knowledge to train the nurses throughout the RHAs in family planning methods, EC and safe abortion counseling

Main Objectives

1. To increase the number of District health nurses with the knowledge and skills in family planning, EC and safe abortion counseling.
2. To increase the number of nurses in the RHAs that has been trained.
3. An increase in the number of continuing educational sessions for nurses in the RHAs in family planning, EC and safe abortion counseling.

Activities

1. Meet with the RHA officials to discuss the proposal of the training as a collaborative effort.
2. Acquire training venue, materials and facilitator
3. Conduct training workshop

4. Complete programme evaluation.

Chronogram

Activity	Time in Weeks										
	1	2	3	4	5	6	7	8	9	10	11
1. Meet with the RHA officials to discuss the proposal of the training as a collaborative effort.											
2. Acquire training venue, materials and facilitator.											
3. Conduct training workshop											
4. Complete programme evaluation											

Monitoring & Evaluation

To ensure that the training is effective and that quality is assured the following monitoring and evaluation mechanism shall be put in place:

1. Pre and post test to be completed by trainees.
2. Trainees to complete training evaluation.
3. Meeting with Trainers to assess if desired objectives were achieved.

Available Resources

Training Venue
Facilitator

Resources Needed

Training materials
IEC Materials